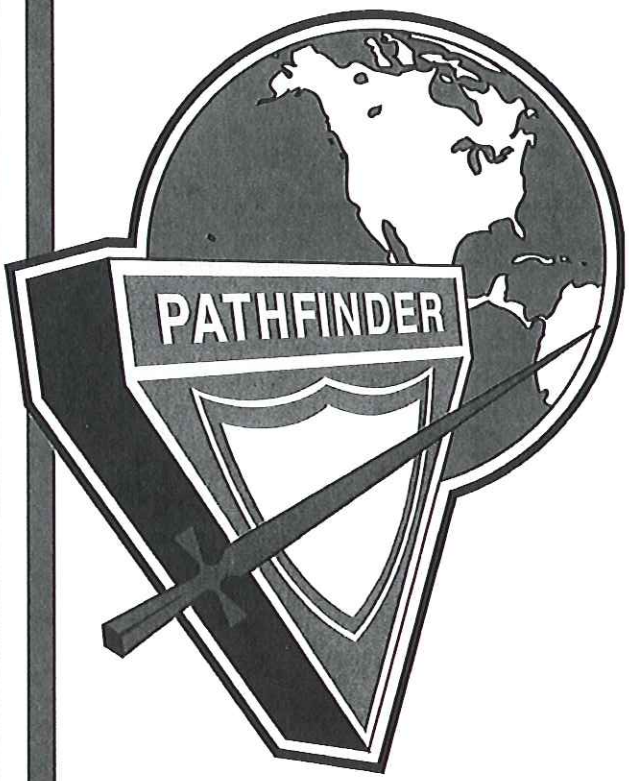
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Adventist Youth Class

Friend Activity Diary

Adventist Youth Class

Friend Activity Diary

Personal Growth

Requirements: Do Sections I, II, and III for the standard class requirements (Friend.)
Do Sections I, II, and III for the advanced class requirements (Trail Friend.)

I. Involvement (Required)

A. Be age 10 OR in grade 5, or its equivalent ❑

Date of Birth _____

School Name _____ Grade _____

Teacher's Name _____

B. Be an active member of the AJY Society OR Pathfinder Club ❑

Organization Name _____

Leader's Name _____

II. Commitment (Required)

A. Repeat from memory the AJY/Pathfinder Pledge and Law. ❑

Pledge By the grace of God,
I will be pure and kind and true.
I will keep the Pathfinder Law.
I will be a servant of God, and a friend to man.

Law The Pathfinder Law is for me to,
Keep the Morning Watch.
Do my honest part.
Care for my body.
Keep a level eye.
Be courteous and obedient
Walk softly in the sanctuary.
Keep a song in my heart.
Go on God's errands.

B. Read *The Happy Path* OR *Finding the Right Path.* ❑

III. Growth (Required)

❑ **A. Earn the Friend Reading Certificate** OR **the Junior Reading Certificate.*** (The Junior Reading Certificate and the Friend Reading Certificate Requirements are very similar. For simplicity, the Friend Certificate requirements are listed here.) *See *Instructor's Manual* for qualifying requirements.

1. From the Old Testament choose one Bible character and read the chapters on his or her life. Read what can be found on the same person from a Bible Commentary, Biblical research book or the Spirit of Prophecy

   Person: _____

   Reference: _____

   _____

2. Find and read at least three current articles (or three chapters in a book) on etiquette and social graces.

   Reference: _____

   _____

   Reference: _____

   _____

   Reference: _____

   _____

3. Read at least two current articles on nutrition and two articles on drugs, alcohol, or tobacco.

   Reference: (Nutrition) _____

   _____

   Reference: (Nutrition) _____

   _____

   Reference: (Drugs) _____

   _____

   Reference: (Drugs) _____

   _____

   Reference: (Alcohol) _____

   _____

   Reference: (Alcohol) _____

   _____

   Reference: (Tobacco) _____

   _____

   Reference: (Tobacco) _____

   _____

4. From your local Christian book store, school, or public library obtain and read a book on one of the following: missions, nature or science, or biography

Reference: (Mission) _____

_____

OR (Nature) _____

_____

OR (Science) _____

_____

OR (Biography) _____

_____

5. Read Weeks 1 - 13 in the Weekly Bible Reading Guide.

Week 1
IDENITY
____ Psalm 139
____ John 14:12-31
____ John 15:1-17
____ Song of Solomon 7
____ Deuteronomy 32
____ Jeremiah 2

Week 2
SELF-ESTEEM
____ Colossians 2:8-23
____ 1 Corinthians 1:20-31
____ Jeremiah 9:23,24
____ Philippians 3:1-16
____ Ephesians 2

Week 3
SELF-CONTROL
____ Proverbs 16
____ Galatians 5
____ Revelation 1-3
____ Song of Solomon 8
____ Romans 12

Week 4
TRY AGAIN?
____ Zechariah 4
____ Isaiah 40:12-31
____ Haggai 1-2
____ 1 Samuel 17

Week 5
DEPRESSION
____ Psalm 42
____ Isaiah 26
____ Psalm 55
____ Psalm 46
____ Matthew 6:25-34
____ Psalm 22

Week 6
COURAGE
____ 2 Corinthians 12:1-10
____ Romans 8
____ Acts 28
____ 1 Peter 2
____ Collossians 3

Week 7
LONELINESS
____ Joshua 11:9
____ Joshua 21
____ Zephaniah 3:14-20
____ Psalm 111

Week 8
FEAR
____ Matthew 14:13-33
____ Psalm 81
____ Isaiah 26:1-15
____ Isaiah 30:1-18
____ Isaiah 32

Week 9
REBELLION
____ Psalm 141
____ Psalm 130
____ Proverbs 12
____ Proverbs 15
____ Matthew 18

Week 10
STANDARDS
____ Romans 13
____ 1 Timothy 6
____ Matthew 5:13-20
____ Philippians 4
____ Jeremiah 1

Week 11
SIN
____ Romans 3
____ Romans 6
____ Psalm 25
____ Isaiah 1
____ Isaiah 43-44
____ Micah 7

Week 12
CHARACTER
____ Matthew 5:1-12
____ Proverbs 16:18
____ Luke 12
____ 1 Corinthians 10

Week 13
TEMPTATION
____ Luke 10
____ 1 Peter 5
____ Ephesians 6:10-20
____ Micah 7

SECTIONS COMPLETED

		Date	Instructor	
❑	I.	_____	_____	(Required)
❑	II.	_____	_____	(Required)
❑	III.	_____	_____	(Required)

Spiritual Discovery

Requirements: Do Sections I and select either Section II or III for the standard class requirements (Friend.)
Do Sections I, II, and III for the standard class requirements (Trail Friend.)

I. Scripture (Required)

☐ **A.** Memorize a Bible text in each of the seven categories below.

I. Doctrine

1. John 10:10
2. 2 Timothy 3:15
3. Exodus 20:3-17
4. option _____

II. Great Passages

1. Psalm 23
2. Exodus 20:3-17
3. Matthew 5:3-12
4. Psalms 8:5-9
5. option _____

III. Salvation

1. Ecclesiastes 12:1
2. John 3:16
3. 1st John 1:9
4. Exekiel 33:11
5. John 17:15
6. option _____

IV. Prayer

1. Matthew 6:9-13
2. Mark 1:35
3. 1 Samuel 12:23
4. 1 Thessalonians 3:10
5. option _____

V. Relationships

1. Luke 2:52
2. Luke 4:16
3. Ephesians 6:1
4. Psalms 51:10
5. Psalms 16:8
6. option _____

VI. Behavior

1. Proverbs 17:22
2. Proverbs 12:22
3. Philippians 4:4
4. Proverbs 6:6
5. Proverbs 28:14
6. option _____

VII. Promises/Praise

1. Psalms 107:1
2. Psalms 103:13
3. Philippians 4:19
4. Isaiah 58:9,10
5. Psalms 84:1,2
6. option _____

☐ **B.** Recite in order the names of the Old Testament Books of the Bible and know the 5 areas into which the books are grouped. Demonstrate your ability to find any given book.

5 Books of Moses

M Genesis
O Exodus
S Leviticus
E Numbers
S Deuteronomy

12 Books of history

L Joshua
I Judges
F Ruth
E 1 Samuel

I 2 Samuel
N 1 Kings

C 2 Kings
A 1 Chronicles
N 2 Chronicles
A Ezra
A Nehemiah
N Esther

5 Poets

P Job
O Psalms
E Proverbs
T Ecclesiastes
S Song of Solomon

5 Major Prophets

M Isaiah
A Jeremiah
J Lamentations
O Ezekiel
R Daniel

12 Minor Prophets

T Hosea
W Joel
E Amos
L Obadiah
V Jonah
E Micah

M Nahum
I Habakkuk
N Zephaniah
O Haggai
R Zechariah
S Malachi

II. Church Heritage (Optional)

☐ **A.** During several worship periods, read with your parents the historical prologue to the book *Early Writings* and list the main events of the founding of the SDA Church, OR fulfill other options listed in the *Instructor's Manual.* See *Instructor's Manual* for qualifying requirements.

Report:_____

_____

_____

_____

_____

_____

III. Christian Heritage (Optional)

A. In consultation with your leader choose one of the following Old Testament characters (Joseph, Jonah, Esther, Ruth) and discuss with your group Christ's loving care and deliverance as shown in the story. ❑

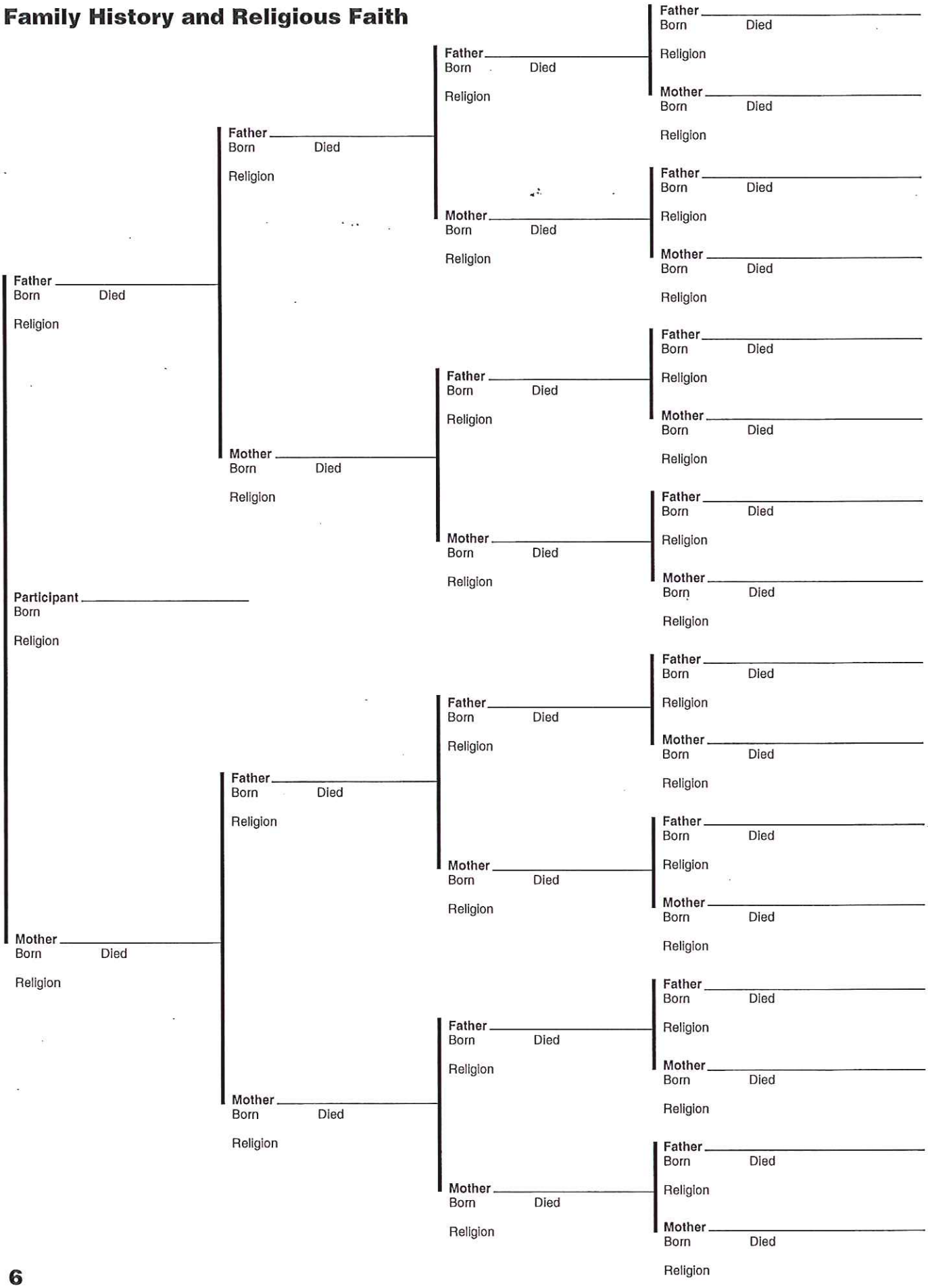
Report:

B. Discover your family's spiritual roots by filling in the family tree on the next page, indicating the religion of each person. ❑

SECTIONS COMPLETED

		Date	Instructor	
❑	I.			(Required)
❑	II.			(Optional)
❑	III.			(Optional)

Family History and Religious Faith



Serving Others

Requirements: Select two of the three sections for the standard class requirements (Friend.)
Do Sections I, II, and III for the advanced class requirements (Trail Friend.)

I. One to One (Optional)

A. Visit an absent member of your group and follow it up with a phone call, letter, or card encouraging attendance. ❑

Report:_____

II. Group Witness (Optional)

A. Become acquainted with a new person through a sharing activity, and make at least three additional contacts with that person. ❑

Report:_____

III. Community Outreach (Optional)

❑ **A.** With the help of 2 or 3 friends, spend 4 hours working for your church, school, or community.

Report:

SECTIONS COMPLETED			
		Date	Instructor
❑	I.		(Optional)
❑	II.		(Optional)
❑	III.		(Optional)

Making Friends

Requirements: Select two of the three sections for the standard class requirements (Friend.)
Do Sections I, II, and III for the advanced class requirements (Trail Friend.)

I. Building Relationships (Optional)

A. List 10 qualities of being a good friend, and discuss 4 everyday situations where you have practiced the "Golden Rule". ❑

10 qualities of a good friend:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Everyday situations where you have practiced the Golden Rule.

Report: _____

II. Christian Lifestyle (Optional)

❑ **A.** Discuss and demonstrate good table manners with your parents / guardian or group leader.

Report:_____

III. Good Citizenship (Optional)

❑ **A.** Say the pledge of allegiance to your flag. Explain its meaning

Pledge Explanation: _____

B. Sing or say your national anthem and explain its meaning. ❑

National Anthem Explanation: _____

SECTIONS COMPLETED

		Date	Instructor	
❑	I.	_____	_____	(Optional)
❑	II.	_____	_____	(Optional)
❑	III.	_____	_____	(Optional)

Health and Fitness

Requirements: Select two of the three sections for the standard class requirements (Friend.)
Do Sections I, II, and III for the advanced class requirements (Trail Friend.)

I. Health Principles (Optional)

❑ **A. Discuss the temperance principles in the life of Daniel,** OR **participate in a presentation or role play on Daniel chapter one.**

Report:_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

❑ **B. Explain the dangers and the effects of alcohol, tobacco and drugs.**

Report (Alcohol): _____

_____

_____

_____

Report (Tobacco): _____

_____

_____

_____

Report (Drugs): _____

_____

_____

_____

_____

II. First Aid / Safety (Optional)

A. Complete the Red Alert honor. ❑

Red Alert

_____ 1. Tell what you should do to prevent injury and/or possible loss of life in the following situations:
- _____ a. A fire in your house, a neighbor's house, and a public building.
- _____ b. If you are stranded in a car in a blizzard or desert.
- _____ c. Motor vehicle accident.
- _____ d. Earthquake.
- _____ e. Flood.
- _____ f. Tornado.
- _____ g. Hurricane.
- _____ h. Thunderstorm.
- _____ i. Atomic accident.
- _____ j. Rock or snow avalanche.
- _____ k. Your boat or canoe capsizes in open water.

_____ 2. When telephoning for help in an emergency situation, what essential information should be given and who should hang up last?

_____ 3. Demonstrate what emergency first aid measures you should take in the following situations?
- _____ a. Someone's clothes catch on fire.
- _____ b. A severely bleeding wound.
- _____ c. Someone is choking.
- _____ d. Someone swallows poison.

_____ 4. Do the following:
- _____ a. Draw an escape route for your family in case of fire in your home when your normal exits are blocked.
- _____ b. Practice with your family a home fire drill.
- _____ c. Discuss with your examiner the procedures for safely getting people out of your church and school in case of a fire. Consideration should be given on how to prevent panic.

_____ 5. What should you and your parents do to prevent abduction of children in your family? What should you do if you are abducted?

Honor Completed

Date:_____ Instructor:_____

B. Study and practice "Personal Safety". ❑

Personal Safety Awareness

Check List of Preventive Protection

The 3 Do's
- _____ 1. Do stay alert. Who's in front, who's behind? Ask a friend to go along when you go out.
- _____ 2. Do communicate a message of confidence. Stand tall, walk purposefully.
- _____ 3. Do trust your instincts. If you feel uncomfortable, leave.

When Walking:
- _____ Plan the safest route. Avoid vacant lots, alleys, etc.
- _____ Know your neighborhood. What places are open late, where's the fire station or police station?
- _____ Don't flaunt expensive clothing or money.
- _____ Walk facing traffic — you can see approaching cars.
- _____ If you're being followed by someone in a car, change directions immediately and make it visible that you're writing down a license number.
- _____ Never hitchhike.
- _____ Other ideas _____

_____

_____

On Buses or Subways:

_____ Try to sit near the driver or conductor.
_____ Don't fall asleep.
_____ Stand back of the platform ledge. Sit away from the exit door.
_____ While waiting stay near the information booth.
_____ If you are harassed, talk loudly to attract attention. (Scream if necessary!)
_____ Other ideas _____

_____

_____

In Elevators:

_____ Look into the elevator before you get in.
_____ Get off if someone suspicious gets on.
_____ If danger strikes, hit the alarm and all floor buttons.
_____ Other ideas _____

_____

_____

Jogging, Cycling:

_____ Choose safe routes in advance.
_____ Vary your route and schedule.
_____ Avoid night time.
_____ Consider not wearing headphones.
_____ Other ideas _____

_____

_____

Take Action Today:

_____ Make sure your streets are lighted.
_____ Make sure vacant lots are free of debris and graffiti. Places that look like no one cares attract crime.
_____ Start a neighborhood or apartment watch program.
_____ Other ideas _____

_____

_____

III. Fitness / Exercise (Optional)

❑ **A.** Have a physical exam by your family doctor in conjunction with school policy.

❑ **B.** Complete one of the fitness tests for your age:

President's Physical Fitness
Canadian Fitness
Health-related Physical Fitness (For the Physically Disabled.)

See your instructor for requirements.

Set goals and improve. _____

_____

_____

SECTIONS COMPLETED

		Date	Instructor	
❑	I.	_____	_____	(Optional)
❑	II.	_____	_____	(Optional)
❑	III.	_____	_____	(Optional)

Youth Organization

Requirements: Select two of the three sections for the standard class requirements (Friend.)
Do Sections I, II, and III for the advanced class requirements (Trail Friend.)

I. Leadership (Optional)

A. Learn the names of your club leaders or Sabbath School leaders and tell how they work together. ❑

Report:_____

_____

_____

_____

_____

_____

_____

B. Take a 3-hour or 5-mile (8 km) hike and identify track and trail signs along the way. Discuss how the activity was planned. ❑

Report:_____

_____

_____

_____

_____

_____

_____

II. Club Awareness (Optional)

A. Discuss with your counselor your involvement in the total Pathfinder Club program, OR, for the AJY Societies, invite a Pathfinder person to speak to your group. ❑

Report:_____

_____

_____

_____

_____

_____

_____

III. Pathfinder Programming (Optional)

☐ **A.** Take part in three of the following:

____ 1. Induction
____ 2. Club Meeting
____ 3. Pathfinder Sabbath
____ 4. Investiture Service
____ 5. Quarterly Scheduling
____ 6. Club Campout

Report:_____

☐ **B.** Complete requirements 1 and 4 of the Drilling and Marching Honor.

Requirement #1: Explain five or more objectives of drilling.

Report:_____

Requirement #4: Properly execute the following basic movements:

____ a. Attention
____ b. Parade Rest
____ c. Stand at Ease
____ d. At Ease
____ e. Dress Right Dress
____ f. Prayer Attention
____ g. Present Arms
____ h. Order Arms
____ i. Right Face
____ j. Left Face
____ k. About Face
____ l. Fall Out

SECTIONS COMPLETED

		Date	Instructor	
☐	I.	_____	_____	(Optional)
☐	II.	_____	_____	(Optional)
☐	III.	_____	_____	(Optional)

Nature Study

Requirements: Do Section I for the standard class requirements (Friend.)
Do Sections I, II, and III for the advanced class requirements (Trail Friend.)

I. Spiritual Lessons (Required)

A. Review the Story of the Lost Sheep, and find at least 3 other examples in nature that are used in the Bible to describe the character of God. ❑

Report:_____

II. Nature Appreciation (Optional)

A. *Birds / Mammals* - Set up a feeding station for birds or mammals. Report on the types of visitors appearing during the week. ❑

Report:_____

❑ **B.** ***Seeds / Amphibians / Reptiles*** **- Collect or obtain and identify 15 different kinds of seeds** OR **help set up and observe a terrarium for amphibians or reptiles.**

Report: _____

III. Nature Honor (Optional)

❑ **A. Complete a nature honor at your skill level, not previously earned.**

Below is a list of suggested honors. Check those that you complete for this class. (See *AY Honors Handbook* for requirement helps.)

____ Amphibians	____ Geology	____ Seeds
____ Bird Pets	____ Insects	____ Shrubs
____ Birds	____ Mammals	____ Trees
____ Cacti	____ Orchids	____ Weather
____ Cats	____ Reptiles	
____ Dogs	____ Sand	

SECTIONS COMPLETED

		Date	Instructor	
❑	I.	_____	_____	(Optional)
❑	II.	_____	_____	(Optional)
❑	III.	_____	_____	(Optional)

Outdoor Living

Requirements: Select Section I or II for the standard class requirements (Friend.)
Do Sections I and II for the advanced class requirements (Trail Friend.)

I. Outdoor Skills (Optional)

A. Tie and know the practical use of 10 knots. ❑

_____ _____ _____

_____ _____ _____

_____ _____ _____

_____

B. Learn the safety rules for camping. ❑

Safety Rules for Camping

1. Hiking
   a. Know the proper clothing for the type of hiking you will and could be doing.
   b. Shoes should be comfortable, should have ankle support, well broken in and able to allow a heavy pair of socks.
   c. Know the proper rules when hiking along a road. Example: Walk in a single file, on the left side of the road facing the oncoming traffic. At night wear the proper clothing so you can be seen, or carry a flashlight.
   d. No hitchhiking, and obey all "no trespassing" signs.
   e. Know the proper equipment when hiking. Example: Water, first aid kit, etc.

2. Fire Safety
   a. Locate a safe place for all fires - 10 ft. cleared area without any close overhanging branches.
   b. Do not use petroleum products for starting fires.
   c. Make sure all fires are completely out and doused with water so you can put your hand in without being burned or feeling any heat. Cover with dirt.
   d. Cut away sod from your fire pit, build fire, extinguish fire, replace sod, and see if you can cover all trace of activity.

3. When Lost
   a. Sit down and think; don't panic. Pray. Force yourself to sit still until you can think clearly. Don't try to remember details, but general landmarks. Where were you when you were lost on the trail or at a know point? This may take a half hour or more.
   b. Don't move from the point where you are until you mark it. Place a rag on a stick in the ground or put your hat on a stump. Do something to mark your spot.
   c. Climb a tree and try to locate a familiar spot. Don't be in a hurry. Take time. Look for smoke. This usually means people are there. If you have a compass, check exact direction. If not, check landmarks by which you can chart your course.
   d. From your plainly marked spot take 50 - 100 steps away, depending on how dense the woods are. Always keep your marked spot in view. Now make a circle around the spot and see if you do not find a trail, road, your own tracks, a stream or something that will help.
   e. If the time is within an hour of sundown, make ready to spend a comfortable night in the woods. Don't be afraid — be prepared.
   f. Build a safe fire - Have enough wood on hand to keep it going all night.
   g. In the morning, if you are not sure which direction to go, place green branches on the fire to create smoke — do not put fire out. Three fires will be a signal for help.
   h. Wait for help to come. Listen for the calls of searchers.

4. Knife and Hatchet (or ax) Safety
   a. Knife Safety:
      1. Keep your knife sharp and free from rust at all times.
      2. Whittle away from yourself.
      3. When splitting a stick, do not hammer the back of the blade — this ruins the edge and weakens the knife hinge.
      4. Keep the blade away from fire — removes the temper.
      5. When carrying your knife, keep a pocket knife closed.
      6. Don't play with your knife.
      7. Do not cut on your knee.
      8. Keep fingers out of the way.

b. Hatchet (ax) safety
   1. Keep your ax sharp
   2. Keep the handle tight to the head.
   3. Keep the ax off the ground.
   4. A hatchet (ax) is not a hammer, a maul, or a wedge.
   5. Clear the ground an ax length around - ax length + length of your arm.
   6. Onlookers stay two ax lengths away.
   7. Rest when you are tired.
   8. Carry ax with the blade out.
   9. Pass the ax with its harmless end first — handle first, head down.
   10. Get a firm footing.
   11. Spread feet apart and keep them out of the way.
   12. Keep the hatchet (ax) sheathed when not in use.
   13. Never touch a living tree — unless with definite permission and for a definite purpose.

5. Equipment

Tents: Tents are a must for the varied outdoor activities of Pathfindering. Tents come in many different sizes, and because of this you must consider the type of use your tent will be used for. Large tents, such as family tents, are good for a group of people because of the need for fewer tents. If you are planning on backpacking, you need to look into tents that are compact, easy to set up and of lightweight materials.

A good tent will provide the best possible protection available. First of all, it should be able to withstand high winds and rain downpours, be made of a breathable material, and have a waterproof rainfly.

Whenever setting up tents, never hit metal stakes with hammers, hatchets, axes or any metal object without eye protection.

Care of tents:

a. Never submerge a tent to clean it.
b. Food spilled on or in a tent should be wiped up with a soft sponge and warm water.
c. Never walk on a tent with or without shoes or when you are setting up at a campsight.
d. Always make sure your tent is completely dry; check all poles, stakes, etc. before storage.
e. All seams should be waterproofed regularly.
f. Carry the proper mending material for your tent material.

Pitching of Tents: Always pitch tents in a dry area — not in low places where water can run under your tent. Watch for stones where you may have to lay or that may puncture your tent while setting up.

Sleeping Gear: Sleeping gear can range from a simple bed roll (blankets and a sheet) to a sleeping bag. A good nylon sleeping bag will provide warmth for your type of camping. A down-filled sleeping bag should have a loft of around 3 1/2 inches and 2 nylon zippers. Check the construction of the sleeping bag and make sure the seams are offset and not sewn through.

Ground pads provide comfort. There are two main types — foam plastic (polyur-ethane) or ensolite foam. A pad will help keep the cold from being absorbed by your body.

Cooking Gear: All gear should be kept light and simple. Many of the mess kits that you can purchase serve very well; tin forks, spoons or lightweight plastic cups for drinking.

Stoves: There are four basic types of stoves, and, as with anything, safety must be kept in mind. These are:

a. White gas - burning
b. White gas hand operated fuel pumps
c. Kerosene
d. Cartridge Stoves (butane, propane)

All stoves can be useful and beneficial to all, but safety must be kept in mind. Never use a stove in a tent. After filling, any spillage should be cleaned up and the stove should be used until you are sure there is not any open gas or fuel.

6. Poisonous Plants:

There are 3 common plants that should be identifiable by all — poison ivy, poison oak, poison sumac. Familiarize yourself with these, using any common plant guide, and learn to avoid them.

7. Water

Whenever you are choosing a campsight you need to take into consideration the availability of safe drinking water.

a. No matter how clear the water looks, it may not be safe to drink. Make sure and purify it yourself.
b. Water may be purified 3 ways:
   1. Boiling - strain with a cloth to remove sediment, then boil vigorously for at least 1 minute (longer at high altitudes).
   2. Filtering - several micropore water filters are available on the market; choose one to fit your quantity needs.
   3. Chemicals - range from iodine or chlorine tablets to household bleach. Follow directions on the bottle .
c. Some of the best sources of water in a wilderness area are springs, where the water is coming out of the side of a hill, and high mountain streams. It is best to go upstream to the buildup area and above the junction of small streams. Avoid areas where there is dark-colored vegetation in the water, floating debris, or odors, for these may indicate heavy pollution. Lakes are probably the poorest of water supplies.

II. Outdoor Activity (Optional)

A. Earn Camping Skills #1 Honor. ❑

Camping Skills I Honor Requirement

_____ 1. Be at least in the 5th grade.
_____ 2. Understand and practice wilderness camping etiquette, regarding preservation of the outdoors.
_____ 3. Know eight things to do when lost.
_____ 4. Be familiar with various types of sleeping equipment suitable to location and season.
_____ 5. List personal items needed for a weekend campout.
_____ 6. Plan and participate in a weekend camping trip.
_____ 7. Know how to properly pitch and strike a tent. Observe fire precautions when tent is in use.
_____ 8. Know and practice the proper principles for camp sanitation for both primitive and established campsights.
_____ 9. Properly use a knife and hatchet. Know 10 safety rules for their use.
_____ 10. Fires:
  _____ a. Demonstrate ability to choose and prepare a fire sight.
  _____ b. Know fire safety precautions.
  _____ c. Know how to properly strike a match.
  _____ d. Practice building a fire with the use of one match, using only natural materials.
  _____ e. Demonstrate how to protect firewood in wet weather.
_____ 11. Bake bread on a stick.
_____ 12. Describe the proper procedures for washing and keeping clean the cooking and eating utensils.
_____ 13. Describe sleeping wear and how to stay warm at night.
_____ 14. Draw a spiritual object lesson from nature on your camping trip.
_____ 15. Explain and practice the motto: "Take only pictures and leave only footprints."

Honor Completed

Date:_____ Instructor:_____

SECTIONS COMPLETED

		Date	Instructor	
❑	I.	_____	_____	(Optional)
❑	II.	_____	_____	(Optional)

Honor Enrichment

Requirements: This track is not required for the standard class requirements (Friend.)
Do Sections I and II for the advanced class requirements (Trail Friend.)

I. Arts and Crafts / Hobbies / Household Arts (Optional)

❑ **A. Complete one honor at your skill level, not previously earned, in the area of art, craft, hobby, or household skills. Check those that you complete for this class.** (See *AY Honors Handbook* for requirement helps).

Arts/ Crafts/ Hobbies

____ Airplane Modeling
____ Braiding
____ Bread Dough
____ Candlemaking
____ Copper Enameling
____ Feltcraft
____ Glass Painting
____ Glasscraft
____ Indian Lore
____ Leathercraft
____ Macrame
____ Model Rocketry
____ Plastercraft
____ Soapcraft
____ String Art
____ Weaving

Household

____ Baking
____ Basic Sewing
____ Cooking
____ Dressmaking
____ Laundering

II. Recreational / Outdoor Industries / Vocational (Optional)

❑ **A. Complete one honor at your skill level, not previously earned, in the area of recreational skills, outdoor industries or vocational studies. Check those that you complete for this class.** (See *AY Honors Handbook* for requirement helps).

Recreational

____ Archery
____ Beginners Swimming
____ Beginners Swimming, Advanced
____ Campcraft
____ Camp Skills I
____ Camp Skills II
____ Cycling
____ Drilling & Marching
____ Hiking
____ Horsemanship
____ Kites
____ Track & Field

Outdoor Industries

____ Flower Culture
____ Gardening
____ Horse Husbandry
____ Sheep Husbandry

Vocational

____ Basic Computer
____ Basic Computer, Advanced
____ Christian Salesmanship

❑ **B. Earn the Beginners Swimming honor, if not previously earned.**

SECTIONS COMPLETED

		Date	Instructor	
❑	I.	_____	_____	(Optional)
❑	II.	_____	_____	(Optional)

Notes

Notes

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