

day Christ died

2. The women rested on the Sabbath according to the commandment
3. Then the women came to the tomb early on the first day of the week
4. It is a good thing to prepare people for burial. Did the ladies make sure that they placed worship before service?
5. The preparation day is followed by the Sabbath, which in turn is followed by the first day of the week

“Also I gave them my Sabbaths as a sign between us, so they would know that I the LORD made them holy.”

Ezekiel 20:12,20

1. The Sabbath is a sign that God sanctifies us, or prepares us for His use by making us holy
2. Secondly, it is a sign that we know God
3. Do you know God and see the point in the Sabbath?

“Whoever claims to live in him must walk as Jesus did.”

1 John 2:6

1. If we say Jesus is a part of our lives should we do the same kind of things Jesus did?
2. Does that include keeping the Sabbath?
3. Are we to wait until we are formally members of a church to do God’s will?

DISCOVERING THE BIBLE

LESSON 17

THE LORD’S DAY

“But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ, who by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body”

Philippians 3:20,21

1. Our citizenship is in heaven
2. We are transformed
3. He brings everything under His control
4. Does this suggest a need for obedience to God?

“In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, in order that we, who were the first to hope in Christ, might be for the praise of his glory.”

Ephesians 1:11,12

1. God set out to choose us to be His special people
2. One of God’s purposes for this was so that we praise Him as God
3. How can we praise God? What have we got to praise Him for?

“On the Lord's Day I was in the Spirit, and I heard behind me a loud voice like a trumpet”

Revelation 1:10

1. The Lord does have a day
2. If God had a special day what would you want you to do on it? What would He want you to do?

For the Son of Man is Lord of the Sabbath.”

Matthew 12:8

1. The Son of man, Jesus, is Lord of the Sabbath day

“..but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates.”

Exodus 20:10

1. The seventh day is the Sabbath
2. The verse suggests Jesus is on a par with God
3. We recognise Sunday as the first day of the week. Therefore, Saturday must be the 7th day
4. The 7th day of creation was different to the other 6 in that
 - a) The Lord rested on it
 - b) He blessed and hallowed it
 - c) Genesis 2:1-3 tells us about creation. Jesus ended His

work and rested. He sanctified the Sabbath by setting it apart for Holy use

d) Ephesians 3:9 tells us that it was Christ who, by the power of God, created all things

5. Does this mean that Jesus made the Sabbath for you?

6. What do you think is meant by the word ‘work’?

6. How does it help you to praise God by not working on Sabbath?

“He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. And he stood up to read.”

Luke 4:16

1. His custom was to worship in the synagogue on the Sabbath day
2. He read scripture —a good thing to do on the Sabbath

“It was Preparation Day, and the Sabbath was about to begin. The women who had come with Jesus from Galilee followed Joseph and saw the tomb and how his body was laid in it. Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment. On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb.”

Luke 23: 54-56,24:1

1. The day before the Sabbath is the preparation day-Friday, the